

No-Bake Peanut Butter Oatmeal Bars

Ingredients:

- ◆ 1 Cup peanut butter (smooth or crunchy)
- ◆ 3/4 Cup honey or syrup
- ◆ 3 Cups rolled oats or oatmeal



Half of this recipe is pictured here



Directions:

- ◆ Mix peanut butter & honey or syrup in a large microwaveable container or medium saucepan.
- ◆ Heat the saucepan on a stove with medium heat & stir OR microwave for 2 - 3 min and stir.
- ◆ When peanut butter & honey/syrup are well mixed, stir in oats/oatmeal. Mix well, until all oats are covered with peanut butter & honey/syrup mixture. It will be a gooey mixture.
- ◆ Lightly oil a 9 X 9 inch pan & spoon the mixture into the pan. Gently push into pan to form a firm layer & refrigerate 2 hours or overnight. Cut into bars & store in refrigerator.
- ◆ ENJOY!!